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**ISTANBUL, 2025**

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**GRADUATION PROJECT/DOCTORAL THESIS/MASTER'S THESIS**

**THESIS TITLE/ THESIS TITLE/ THESIS TITLE/ THESIS TITLE/**

**FULL NAME**

**A thesis submitted to the School of Graduate Studies in partial fulfillment of the requirements for the degree of Doctor of Philosophy in Clinical Psychology**

**THESIS/PROJECT ADVISOR**

**PROF. NAME AND SURNAME (JURY MEMBER 1)**

**THESIS JURY MEMBERS**

**(JURY MEMBER 2)**

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**(JURY MEMBER 5) (FOR PHD STUDENTS)**

**ISTANBUL, 2025**

### THESIS APPROVAL PAGE

This thesis has been read by us, and it has been decided that it is sufficient in terms of scope and quality to obtain a master's/doctorate degree in the field of ..............

Thesis Jury Members

|  |  |  |
| --- | --- | --- |
| Title – Full Name | Opinion | Signature |
| \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |
| \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |
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### PROJECT APPROVAL PAGE

This project has been read by me, and it has been decided that it is sufficient in terms of scope and quality to obtain a master's degree in the field of ...................

Project Advisor

|  |  |
| --- | --- |
| Title – Full Name | Signature |
| \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |

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### ACADEMIC HONESTY ATTESTATION

I hereby declare that all information in this document has been obtained and presented in accordance with academic rules and ethical conduct. I also declare that, as required by these rules and conduct, I have fully cited and referenced all material and results that are not original to this work.

Full Name:

Signature:

### ÖZ

TÜRKİYE’DE PİYASA EKONOMİSİ VE DÖVİZ KURLARI

Yılmaz, Ahmet

............ Yüksek Lisans/Doktora Programı
Öğrenci No.: 123456789

Open Researcher and Contributor ID (ORC-ID): 0000-000X-XXXX-XXXX

Ulusal Tez Merkezi Referans No.: 103XXXXX

Tez/Proje Danışmanı: Prof. Dr. Esra Bilgili

(varsa) İkinci Tez Danışmanı: Doç. Dr. ...

Ocak 2025, 156 sayfa

(300 kelimeyi geçmeyen bir öz buraya konulacaktır.)

**Anahtar Kelimeler:** Azami 6 anahtar kelime, aralarında virgül olacak şekilde yazılmalı.

Örneğin.: **Anahtar Kelimeler**: İbn Haldun, İbn Haldun Üniversitesi.

### ABSTRACT

MARKET ECONOMY AND EXCHANGE RATES IN TURKEY

Yılmaz, Ahmet

MA/LL.M./PhD in ......

Student ID: 123456789

Open Researcher and Contributor ID (ORC-ID): 0000-000X-XXXX-XXXX

National Thesis Center Reference No.: 103XXXXX

Thesis/Project Supervisor: Prof. Esra Bilgili

(if any) Thesis Co-Advisor: Assoc. Prof..............

January 2025, 156 Pages

(Write an abstract with a maximum of 300 words)

**Keywords:** Write up to 6 keywords. Each keyword must be separated with a semicolon.

For example: **Keywords:** Ibn Haldun; Ibn Haldun University

### DEDICATION

It is dedicated to…

### ACKNOWLEDGEMENT

I want to thank my valuable advisor, Title, Full Name, who guided me in this research and helped me overcome my difficulties with their knowledge and experience. I want to thank my valuable lecturer, Title, Full Name, who helped me with my literature research.

I want to thank all the staff at Name of Institution, including Full Name and Full Name, for their material and moral support in conducting the research.

I want to thank Istanbul Commerce University Publication Research and Project Coordinatorship for financially supporting my thesis with Project No.

I want to thank TUBITAK for providing financial support to realize my thesis with the project numbered ////.

I present my endless love and respect to my family, who did not leave me alone at every stage of my thesis.

Adı SOYADI

İSTANBUL, 2019

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An Icon or Abbreviation Description

B Icon or Abbreviation Description

c Icon or Abbreviation Description

X Icon or Abbreviation Description

VV Icon or Abbreviation Description

Y Icon or Abbreviation Description

z Icon or Abbreviation Description

W Icon or Abbreviation Description

α Icon or Abbreviation Description

β Icon or Abbreviation Description

γ Icon or Abbreviation Description

Π Icon or Abbreviation Description

# CHAPTER IINTRODUCTION

A new chapter should start on a new page. Section headings are centered 3.5 cm. below the top edge of the page. The chapter number is placed on the first line, and the title of the chapter is placed immediately below it. The title is written in bold and capital letters. The text starts with one blank line after the chapter title. The format of the headings and subheadings of the chapters should be consistent in font and font size throughout all chapters. Subheadings should be written with one line space after the text (Sudhaman & Thangavel, 2015).

The Thesis/Project Writing Template has been prepared per our University's [Thesis/Project Writing Guide](https://sgs.ihu.edu.tr/en/thesis-writing-guideline), and you should consider the guide as the primary reference source.

##  Line Spacing

The spacing should be 1.5 lines, and the spacing nk value should be 0. Tables, block quotations, footnotes, endnotes, bibliographies, and table/figure captions should be single-spaced.

One line is left blank between paragraphs. Do not indent at the beginning of a paragraph.

## **1.2. Figures and Tables**

The label of a table should be placed one line space above the top border of the table. The label of a figure should be placed one line below the bottom border of the figure. Table and figure captions should not be bolded (Kusakci, Ayvaz, & Karakaya, 2017). Label font size and type should be the same as the font size and type used in the rest of the text. The author should choose a font size that is easy to read, especially for tables, axis scales, axis titles, legends, charts, and diagrams. For images that require more than one page, images on subsequent pages should be labeled with the same title, indicating that they are a continuation of the image on the first page. For example, the second page of Figure 2.1 should be labeled as “Figure 2.1 (continuation)” (Senturk, 2005). A table or picture can be placed on its side by turning it ninety degrees counterclockwise from its normal position. In landscape layout, the label of a figure or table should be arranged so that it can be read from the bottom upwards, i.e., in the same direction as the figure/table. The whole page should be reserved for that table/figure only when using landscape layout. Margin and page numbering requirements are the same as for the rest of the thesis/project (Berktay, 1987).



**Figure 1.1. Distribution of White Goods**Reference: Sudhaman & Thangavel, 2015

## 1.3. Visual Materials

Visual aids can be placed anywhere in the text, but the general rule of thumb is that they should be as close as possible to the section of the text to which they refer. If the table or figure is placed within the text and is less than one page, then it should be separated from the text by one line of space above and below.

**Table 1.1. Product Features**

|  |  |  |  |
| --- | --- | --- | --- |
| **Ürün** | **Maliyet** | **Süre** | **Ağırlık** |
| R404A | 0.98 | 54 | 1.25 |
| **Table 1.2. (cont.)** |
| R407C | 3.54 | 21 | 0.874 |
| R404A | 0.98 | 54 | 1.25 |
| R134A | 1.85 | 45 | 0.987 |

Large visual materials may be reduced to fit on one page per the margin and page numbering rules given in these guidelines, provided that this does not adversely affect the readability and visibility of the original visual material.

**Table 1.2. New Features of Products**

|  |  |  |  |
| --- | --- | --- | --- |
| **Ürün** | **Fiyat** | **Süre** | **Ağırlık** |
| R404A | 0.98 | 54 | 1.25 |
| R134A | 1.85 | 45 | 0.987 |
| R407C | 3.54 | 21 | 0.874 |

Reference: Sudhaman & Thangavel, 2015

****

**Illustration 1.1. Gazania Flower**

#  CHAPTER II

# LITERATURE REVIEW

An equation editor should be used for mathematical formulas, equations, and expressions. Any reference to them should carry a numerical definition, which should be given in parentheses next to the right margin of the page (Arda, Delen, Tatoglu, & Zaim, 2017).

## **2.1. Visual Materials**

An equation editor must be used for mathematical formulas, equations, and expressions. Any reference to them must carry a numerical definition, which must be given in parentheses next to the right margin of the page.

$\dot{m}\_{R1}+\dot{m}\_{R2}=\dot{m}\_{R}$ **(2.1)**

## 2.2. Use of Letters and Symbols

Bullet points should be provided with an example. The researcher can use letters or symbols as bullet points. Avoiding the use of numbers should be preferred so as not to confuse the thesis subheadings with the bulleting. Letters or symbols should also be used for minor headings that are not numbered.

For example:

* 1. Data processing
	2. Visualization of data
	3. Drawing conclusion and confirmation

Or

* 1. Data processing
	2. Visualization of data
	3. Drawing conclusion and confirmation

## 2.3. Quotations

Quotations of three lines or less should be included in the text and enclosed in double quotation marks. “Quotations longer than three lines should be excluded from the text, indented and single-spaced. These quotations are also called block quotations. Quotation marks are not used for block quotations. Quotations should be used the same way as the original, and the source of the quotation should be provided in full. Portions of computer code can also be considered as quotations.”

Quotations of three lines or less should be included in the text and enclosed in double quotation marks. Quotations over three lines should be excluded from the text and indented and single-spaced. These quotations are also called block quotations. Quotation marks are not used for block quotations. Quotations should be used the same way as the original, and the source of the quotation should be provided in full. Parts of computer codes can also be considered quotations (Berktay, 1987).

Mülakatlardan yapılan alıntılar ise tırnak içerisinde, italik, 12 punto olmalı ve iki yana yaslı yazılmalıdır.

“Quotations from interviews should be in quotation marks, italicized, in 12-point font, and justified.”

Verses and hadiths used in the text of the thesis or project files should be single-spaced, 10-point font, bold, and centered. Only text in Turkish characters should be italicized.

اِنَّمَا الْمُؤْمِنُونَ الَّذ۪ينَ اِذَا ذُكِرَ اللّٰهُ وَجِلَتْ قُلُوبُهُمْ وَاِذَا تُلِيَتْ عَلَيْهِمْ اٰيَاتُهُ زَادَتْهُمْ ا۪يمَاناً وَعَلٰى رَبِّهِمْ يَتَوَكَّلُونَۚ

“Müminler o kimselerdir ki, Allah’ın adı anıldığında yürekleri titrer, kendilerine Allah’ın âyetleri okunduğunda bu onların imanlarını arttırır. Onlar yalnızca rablerine güvenirler.”

Poetry quotations used in the text of the thesis or project files should be italicized, single-spaced, in 10-point font, and left justified.

Şimdi tekrar ne yapsam dedirtme bana yarabbi

taşınacak suyu göster,kırılacak odunu

kaldı bu silinmez yaşamak suçu üzerimde

bileyim hangi suyun sakasıyım ya rabbelalemin

tütmesi gereken ocak nerde?

## 2.4. Footnotes and Endnotes

Footnotes are placed at the bottom of the page, separated from the text by an entire horizontal line. Single-line spacing is used to separate different footnotes on a page. A footnote may split and continue in the footnote section of another page. In this case, the author does not need to indicate that it is a continuation of the footnote on the previous page (Ross, 2015). Footnotes should be numbered consecutively using Arabic numerals. The numbering can be specific to each chapter or continued throughout the thesis. Notes should be written in the font used in the text, but the font size should be smaller than the size used in the main text.[[1]](#footnote-1)

Alternatively, endnotes can be used. Endnotes may follow each chapter or be placed at the end of the thesis/project before the bibliography. If an endnote follows a chapter, it should begin on a separate page following the chapter to which it belongs. Authors should consult their thesis/project supervisor, as footnote practices vary widely across publications in different disciplines (Kelton, Sadowski, & Zupick, 2014).

## 2.5. References

References should include all materials (books, periodicals, manuscripts, internet-based resources, etc.) consulted during the research and writing of the text. The list should be in alphabetical order according to the author's surname.

## 2.6. Works Cited

This section does not contain a chapter number. The title should be centered 3,5 cm from the top of the page, following the format of the section headings and margins used throughout the text. The bibliography list starts with two single line spaces below the title. Each reference entry is written with a single line spacing, and double line spacing is used between each entry throughout the list. The page numbers of the bibliography section should follow the numbering rules of the thesis/project in terms of font style and size.

The style of listing and citing sources in terms of font, layout, and punctuation varies in different academic disciplines. Therefore, the author should consult their thesis/project advisor and follow the bibliographic style accepted by the discipline.

## 2.7. Style

A thesis/project results from research conducted using formal methods and is therefore an official document. It should be written in a formal, impartial and impersonal style. Academic writing requires the use of standardized language. Authors should avoid colloquial, redundant and slang expressions.

As the rules on documentation styles differ across disciplines, thesis/project authors should consult their thesis/project supervisor about recommended documentation style manuals. The latest editions of the recommended style manuals are as follows:

*The Chicago Manual of Style*. 16th ed. Chicago: University of Chicago Press, 2010.

*Publication Manual of the American Psychological Association.* 6th ed. Washington, DC: American Psychological Association, 2009.

*İSNAD Atıf Sistemi / The ISNAD Citation Style.* (Social Sciences and Humanities, current edition 2019).

**Table 2.1. Bibliography Writing Styles of Programs**

|  |  |  |  |
| --- | --- | --- | --- |
| **PROGRAM** | **The Chicago Manual of Style**(16th ed. Chicago: University of Chicago Press, 2010) | **APA: Publication Manual of the American Psychological Association**(6th ed. Washington, DC: American Psychological Association, 2009) | **İSNAD Atıf Sistemi / The ISNAD Citation Style**(Sosyal ve Beşeri Bilimler alanı, güncel edisyon 2019) / (Social Sciences and Humanities, current edition 2019) |
| Big Data and Business Analytics |  | **✓** |  |
| Religious Studies  | **✓** | **✓** |  |
| Philosophical, Social, and Historical Fundamentals of Education |  | **✓** |  |
| Managing Educational Institutions |  | **✓** |  |
| Philosophy | **✓** |  |  |
| Financial Economy |  | **✓** |  |
| Air Transport Management |  | **✓** |  |
| Economy |  | **✓** |  |
| Management |  | **✓** |  |
| Public Law | **✓** |  |  |
| Clinical Psychology |  | **✓** |  |
| Middle East Studies | **✓** |  |  |
| Private Law | **✓** |  |  |
| Psychology |  | **✓** |  |
| Radio, Television, and Cinema |  | **✓** |  |
| Counseling Psychology |  | **✓** |  |
| Political Science and International Relations |  | **✓** |  |
| Sociology | **✓** |  |  |
| History | **✓** |  |  |
| Islamic Studies | **✓** |  | **✓** |
| Turkish Studies | **✓** |  |  |
| International and Comparative Law  | **✓** |  |  |
| New Media and Communication |  | **✓** |  |
| Civilization Studies | **✓** | **✓** |  |

# CHAPTER III

# METHODOLOGY AND IMPLEMENTATION

## 3.1. Footnotes and Endnotes

Plagiarism is one of the most serious academic crimes as well as an immoral act. Therefore, sources that will be used in any way in the academic work (abstract, explanation, direct quotation, indirect expression, etc.) must be properly referenced. In addition, each thesis author must provide a “statement of academic integrity” stating that all parts of the thesis have been prepared in accordance with academic and ethical attitudes, with correct citations and references. and submit it to their Graduate School before the thesis defense. In projects, the “academic honesty statement” is signed and attached to the relevant place. For example, “statement of academic integrity” see Annex I (Al-Jabiri, 2001).

## 3.2. Appendix

Supplementary material that is related to the text but contains very detailed information or data may be placed in a separate section. “Appendices” (or ‘Appendix’ if there is only one) may include various materials, such as computer printouts and programs, raw data, permission for thesis or project work, procedure descriptions and survey instruments, etc. Copied materials should be of letter quality, and oversized materials may be included as folded pages or pocket material, as described in the previous section (see “Oversized Materials” above).

If there is more than one appendix, the appendices should be identified as A, B, C, C, etc. The heading “Appendix” should follow the same format used for other section headings in the text. Likewise, the margins should be the same as the rest of the text. If there is more than one appendix, they should be displayed in the table of contents in the same way as subheadings. See the **Table of Contents** in this file as an example.

If your study is included in the study group that requires ethics committee permission (all kinds of research conducted with qualitative or quantitative approaches that require data collection from participants using survey, interview, focus group study, observation, experiment, interview techniques), the Ethics Committee Decision to be taken from the Social and Human Sciences Scientific Research and Publication Ethics Board of our University should be included in the Annex.

# CHAPTER IV

# fındıngs and dıscussıon

# chapter V

# CONCLUSIONS

###### REFERENCES

Arda, O. A., Delen, D., Tatoglu, E., & Zaim, S. (2017). An analytic approach to assessing organizational citizenship behavior. Decision Support Systems, 103, 9–23. https://doi.org/10.1016/j.dss.2017.08.004

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###### APPENDIX

APPENDIX A

TITLE

****

**Figure A.1. Regional Precipitation Map**

APPENDIX B

TITLE

**Table B.1. Table Example in the Appendix**

|  |  |  |  |
| --- | --- | --- | --- |
| Column A | Column B | Column C | Column D |
| Row A | Row A | Row A | Row A |
| Row B | Row B | Row B | Row B |
| Row C | Row C | Row C | Row C |

APPENDIX C

ETHICS COMMITTEE PERMISSION

**Ethics Committee Permission Certificate obtained by the student or advisor for studies such as surveys, etc., for the thesis should be attached.**

###### CURRICULUM VITAE

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Work Experience:

2010 – 2015 Turkish Airlines

Publications (if exits):

1.

2.

THESIS FILE CHECKLIST

When writing a thesis or project, our graduate students must follow the thesis writing guide specified by Ibn Haldun University Graduate School of Graduate Studies. The guide is the first document used to control the thesis or project.

The table below has been prepared as an auxiliary document to facilitate compliance with the thesis or project writing guidelines. By examining each item individually, you can see what you need to pay attention to in the formal control of your thesis or project. Making the necessary arrangements in your file according to the thesis or project writing guide and the points below will facilitate your thesis or project control process.

|  |  |
| --- | --- |
| In this table, please mark the points to be followed according to the guidelines in the next column after you have processed your file. | Checked? |
| Have you set a margin of 4 cm from the left edge of your page (binding side) and 2,5 cm from the other edges?  |  |
| Have you prepared the outer and inner covers according to the Thesis/Project Writing Guide?

|  |  |
| --- | --- |
| Institution information and type of work | TNR, 14 pt, bold and capital letter |
| Thesis/project title | TNR, 16 pt, bold and capital letter |
| Author, advisor name | TNR, 14 pt, bold and capital letter |
| Location and date | TNR, 14 pt, bold and capital letter |

 |  |
| Have you prepared your thesis/project approval page according to the thesis/project writing guide?***Blue*** *ink should be used for signatures on this page. In theses/projects,* ***approved*** *or* ***rejected*** *must be written in the “opinion” section. The student's program must be indicated.* |  |
| Have you prepared your Abstract / Abstract pages to include a maximum of 300 words according to the thesis/project writing guide?*Your keywords should include a maximum of six words and should be alphabetized.* |  |
| Have you written your Öz, Abstract, Preface, References, and CV titles in **ALL CAPS**, TNR, 12-point font, and aligned to the center of the page? |  |
| Have you written the titles Table of Contents, List of Figures, List of Tables, List of Abbreviations in **ALL CAPS**, TNR, 12 pt, bold and center aligned? |  |
| Have you prepared the table of contents automatically and according to the thesis/project writing guide?*Title numbering should be at least two and at most five digits.* |  |
| Have you prepared tables and figure lists automatically according to the thesis/project writing guide? (if it exists) |  |
| Have you automatically prepared tables and figure lists according to the thesis/project writing guide? (if it exists)[*Click here*](https://tdk.gov.tr/wp-content/uploads/2019/01/K%C4%B1saltmalar_Dizini.pdf) *for the list of abbreviations published by the Turkish Language Association (TDK).* |  |
| Page numbers should be arranged as follows:* Bottom and right of the page,
* Top information at the top and bottom information at the bottom 0,75 cm,
* Text font format 12 point, Times New Roman, 1.5 line spacing,
 |  |
| Your page numbers should continue with Roman numerals from ABSTRACT to CHAPTER I. After CHAPTER I, the page number should start with one and continue throughout the thesis. |  |
| Have you written all your chapter titles in **ALL CAPS**, bold TNR, 16-point font, and center aligned? Does each chapter start on a new page?*The chapter title should start 3.5 cm (min.) from the top of the page and be written in capital letters with single-line spacing. Sections should be numbered and capitalized using Roman numerals.* |  |
| Are other-level subheadings written only in Initials Capitalized, TNR, 12-point font, bold, and left-aligned?*Subheadings should be left-aligned and numbered with numbers.* |  |
| Your thesis text should be edited as follows:* Text leaning on both sides,
* Font format is 12 point, Times New Roman,
* 1.5 line spacing between paragraphs,
* 1.5 line spacing between subheadings and paragraphs.

*Words cannot be split when moving from one page to another. At least two lines of a paragraph must appear at the beginning and end of each page. Headings and subheadings must be followed by at least two lines of a paragraph.* |  |
| If the thesis text is itemized, did you use symbols instead of numbers?*There should be no underlined words in the thesis.* |  |
| According to the thesis writing guide, have you prepared the table and figure representations (title, source, font size, etc.) in your thesis text (if any)? |  |
| Have you typed the footnotes in 10 font sizes, using Times New Roman font, 1 line spacing, and justified? (if it exists)  |  |
| Have you written the block, interview, and poetry excerpts and the representation of verses and hadiths according to the thesis writing guide? (if it exists) |  |
| Have you prepared the equations according to the thesis writing guide? (if it exists) |  |
| Did you use the citation style of the program you wrote your thesis in in-text (citation) and references? |  |
| Have you prepared your references section with 1 line spacing, justified, and alphabetized according to the author's last name?*Each reference entry is single-spaced within itself, and 1 line spacing is used between each entry throughout the list.* |  |
| For reference, two or more lines long, are the second and subsequent lines shown 1 cm inside?  |  |
| In the Appendices section, if any, does each appendix have an appendix letter and a title (e.g., Appendix 5. Survey Questions)?*If there is more than one appendix, appendices should be identified as A, B, C, Ç, etc. Each appendix heading should be included as a separate entry under the " Appendices " heading on the Table of Contents page, like the subheadings.* |  |
| Is the CV prepared following the guidelines?*A curriculum vitae (CV) should be attached at the end of theses and projects. The CV is a short biographical sketch of the author, including contact and educational information, publications, teaching, and professional experience. It should be written in the third person and added to the Table of Contents as the last item.* |  |
| Is the thesis to be printed for the final thesis submission set to be printed on one side of the paper? *Theses should not be printed front and back.* |  |

* **In your thesis file, all the points you need to apply according to the guidelines are listed in the summary, and make sure that you have used all these items before finalizing your thesis.**
1. Footnotes are placed at the bottom of the page, separated from the text by a half horizontal line. Single line spacing is used to separate different footnotes on a page. A long footnote may be divided and continued in the footnote section of the next page. In this case, the author is indicated that this is a continuation of the footnote on the previous page by separating it from the text with a full horizontal line. Footnotes should be numbered consecutively using Arabic numerals. The numbering may be specific to each chapter or continued throughout the thesis. Notes should be written in the font used in the text, but the font size should be 10 point. [↑](#footnote-ref-1)